



Stopping feedback in Smart Headsets and Earplugs

No matter the style of your headset or ear plugs you may at some point hear a whistling or howling noise when you have them over your ears or in your ears.

The whistling or howling noise is called feedback and is caused by sounds that leave your earpiece and find their way back into the microphone. Common causes of feedback include, poor fit, or too much volume at certain frequencies.

There are a few things that can be done to stop it.

Fit of device:

For earplugs, it may be necessary to remove and re-insert the plug to ensure a proper seal in the ear canal. For headsets, ensure that hair or glasses are not allowed to disrupt the earcup seal. Proper fit is discussed further in the user manual of your headset or earplug device.

[See Sensear User Manuals at this link](#)

Audio levels:

If your headset or earplug device is correctly fitted and feedback persists, it may be necessary to reduce the volume level of your device. A small reduction in audio level will resolve any residual feedback.